



DR. WICKLINE IS NOW OFFERING

# PRP

PRP stands for platelet-rich plasma. We perform a blood draw to isolate the patient's platelets which are known for their healing properties. The platelets are then injected into the knee. After years of being hesitant to offer this procedure, the research is overwhelmingly supporting utilizing PRP for our mild to moderate knee arthritis patients.

## SERVICE OFFERED

- PRP is a cash pay treatment option for patients with **mild to moderate knee arthritis**.
- Despite several studies showing **PRP to be more effective than cortisone or hyaluronic acid** injections, insurance companies do not cover this procedure. Patients with health savings accounts can utilize this to offset the price of PRP.
- PRP costs \$750 due to the materials required for each injection.

## THE RESEARCH

Comparison between intra-articular infiltrations of placebo, steroids, hyaluronic and PRP for knee osteoarthritis

Intra-articular platelet-rich plasma vs corticosteroids in the treatment of moderate knee osteoarthritis



### CONSULTATION

Patients with mild to moderate arthritis are candidates for PRP.

Keep in mind: Patients on blood thinners must hold this medication in order to undergo PRP.



### PROCEDURE

We perform a blood draw and utilize a centrifuge to isolate platelets to prepare the injection.

We ask patient to give us a heads up if they have had any difficulty with blood draws in the past.



### POST PROCEDURE

Most patients see some improvement in 1-2 weeks but overall PRP can take 6-8 weeks to work.

We have patients decrease activity for at least 72 hours after PRP.

**IF YOU HAVE QUESTIONS OR WANT TO MAKE A REFERRAL :**

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